



Together we improve the well-being of the people we serve

Between Us

The Perley and Rideau Veterans' Health Centre ♦ OTTAWA, ONTARIO

WINTER 2011



Brant Scott photo

Vice Admiral Ralph Hennessy -- a master at putting out the fires of war

By Brant Scott

What kind of man concludes a distinguished naval career with the rank of Vice Admiral, then leads a high-profile national organization to success, and then goes back to university for an undergrad degree at the tender young age of 61?

It takes a man like Ralph Lucien Hennessy, who decided it was time to finally get his Bachelor of Arts in History, having already hobnobbed with the likes of Winston Churchill and Lord Louis Mountbatten several decades before. Vice Admiral Hennessy – who is himself an integral part of Canadian naval history – opted to take the University of Waterloo degree and landed on the Dean’s Honours List with students more than 40 years his junior.

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HISTORY STUDENT: When Vice Admiral (Ret) Ralph Hennessy finished making history, he decided to study it. He served on the Canadian destroyer that rammed and sunk a German U-boat in the North Atlantic and he returned to school at the age of 61.

Guilt-free respite at Guest House can re-charge caregivers' batteries

By Brant Scott

There was a time when Linda Assad-Butcher felt guilty for leaving her husband at the Guest House, but those days are long gone.

Bob Butcher loves the time he spends at the respite “home away from home” at the Perley and Rideau Veterans’ Health Centre on Russell Road in Ottawa. Bob has mid-stage Alzheimer’s and requires full time care and assistance. After many visits in the past couple of years, Linda has become a Guest House booster because she knows the “time off” makes her a better caregiver.

“Caring for a loved one with dementia is physically and emotionally exhausting,” explains Linda. “When a caregiver is exposed to someone who can be difficult and is incapable of showing love and appreciation, your patience and energy can run out. That makes it hard for a caregiver

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Vice Admiral Ralph Hennessy ... *continued from page 1*

Now at 92, Ralph Hennessy gives a modest shrug when his life-long accomplishments are touted by visitors in his room at the Perley and Rideau Veterans' Health Centre. He was one of the youngest naval officers to command his own ship in World War II and now he is believed to

us from a distance, but he decided to stay on the surface and try to take us with gunfire. That was his mistake."

Canadian War Museum historians say Assiniboine and U-210 engaged in heavy seas and thick fog. The U-boat came too close for the



FATAL CLASH AT SEA: Naval history was made on August 6, 1942 when the Canadian destroyer HMCS Assiniboine rammed the German submarine U-210. This painting by famed war artist Tom Forrestall hangs in the CFB Halifax Officers' Mess. Ralph Hennessy, who was second-in-command of the destroyer and fighting fires below decks when the collision occurred, unveiled the wall-sized mural to commemorate the 60th anniversary of the Battle of the Atlantic.

destroyer to use its main long-range guns. It was rare to see a destroyer and U-boat exchanging gunfire on the surface trying to sink each other. Assiniboine Captain John Stubbs realized there was just one way to take out the U-boat before he lost his own vessel to the hammering gunfire. Just as

be the oldest living Canadian Vice Admiral. In his heyday, he made the harrowing trek across the North Atlantic more times than he can remember.

German U-boats would feast on allied convoys

Hennessy was accustomed to riding 30 to 40 foot waves as a convoy escort. When the weather wasn't threatening to do him in, the German submarines were. A confrontation between the destroyer HMCS Assiniboine and Germany's U-210 made history when one of them headed for the bottom of the Atlantic on August 6, 1942. Ralph Hennessy was 1st Lieutenant at the time and second-in-command of Assiniboine.

"U-210 fought us on the surface and he put us on fire," recalls Hennessy. "I went down into the bowels of the ship to look at the damage and put out the fires. The captain of the U-boat was an ex-destroyer commander. The logical thing for him to do would have been to dive and torpedo

the U-boat started to dive, Stubbs rammed U-210 hard just abaft of the conning tower.

The collision wounded the U-boat and Assiniboine manoeuvred around and rammed it again, this time further back from the conning tower. At the same time, Assiniboine let go a volley of shallow depth charges and landed a 4.7 inch shell on the U-boat's deck. U-210 slid beneath the waves two minutes later, never to be seen again. There were many survivors, but the U-boat captain paid for his bold attack with his life.

Medals awarded for brave individual efforts

"When the U-boat captain acted like a destroyer captain instead, it helped us take care of him," explains Hennessy. "Silly man. We picked up the survivors along with a British Corvette. We just had one man killed on Assiniboine, but more than 20 were wounded. The fellow who died was just 18, the youngest man on the ship. I helped

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Open Forum

By Greg Fougère, Executive Director and CEO
The Perley and Rideau Veterans' Health Centre

It has been a very busy winter season as we prepare to launch our assisted living program and senior's housing project, which begins the Perley Rideau's new vision over the next 15 years.

Too many hospital emergency departments and acute care beds are occupied by seniors who, following their acute care episode, would be more comfortable regaining their health in a non-acute setting or at home. In fact, with appropriate supports, experience has demonstrated that many seniors may avoid going to the emergency department in the first place.

Our plan is two-fold. The first phase is to provide assisted living services for high risk seniors in their own homes. The second phase will change the Perley Rideau site as we know it. We will be building two seniors' housing residences to offer assisted living services for those who are more comfortable and secure living with other seniors instead of at home.

Here's how it will work. The Perley Rideau, in cooperation with the Champlain Local Health Integration Network and other agencies, will launch the Aging at Home Assisted Living Services for High Risk Seniors starting immediately. We will serve seniors who reside within a 15-minute drive of the Perley Rideau bordered by Bank Street, Riverside Drive, Highway 417 and Hunt Club Road.

Eligible seniors will be visited at home by Personal Support Workers for help with a variety of everyday activities, including but not limited

to bathing, dressing, using the bathroom, meal preparation and eating, housekeeping, and laundry. The round-the-clock services will be available on a scheduled and unscheduled basis as needed. For those interested in how this service may assist them, contact should be made with the Community Care Access Centre at 613-745-5525.



The \$40 million second phase begins with the spring groundbreaking for the two on-site seniors' residences to the north and east of the Perley Rideau's main building. (See site plan above) In keeping with the Perley Rideau's mission to provide a range of services to help seniors stay in the community longer, we will be building 139 seniors' apartments. Feasibility studies have demonstrated that there is more demand than the supply for this type of supported seniors' housing, especially for seniors 75 years of age and older.

The 45-unit, three-storey residence near Russell Road will be ready for occupancy by early summer 2012. The 94-unit five-storey residence, to be ready for occupancy in December 2012, will attach to the existing health centre in the west

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Vice Admiral Ralph Hennessy... *continued from page 2*

to prepare him for burial at sea by wrapping him in canvas, but one of the other men put the final stitch through his nostril to make sure he was dead. Navy tradition has it, that if that doesn't rouse him, nothing will."

Ralph Hennessy's skill at fighting the fires and flooding earned him a Distinguished Service Cross for his valiant effort.

"LCdr John Stubbs received the Distinguished Service Order and Acting Chief Petty Officer Max Bernays received the Conspicuous Gallantry Medal, which is the highest honour for a non-commissioned officer. The wheelhouse was on fire when Max Bernays sent all his wheelhouse crew away and steered the ship by himself."

To commemorate the 60th anniversary of the Battle of the Atlantic, the officers at Stadacona in Halifax, Nova Scotia commissioned a mural by

famed Canadian naval painter Tom Forestall. He painted a wall-sized rendering for the Stadacona Wardroom that depicted Assiniboine ramming U-210. When Admiral Hennessy unveiled the mural on April 28, 2005, he told the crowd it was the first time he actually got to see what was happening above decks. He was too involved in fighting fire and flood all those years ago to watch history unfold topside.

After Assiniboine had been repaired back in Halifax, Ralph Hennessy would be appointed commander of the vessel on two occasions. He was

given the helm for the first time in 1943 and again during the last winter of the war.

Upwardly mobile after the war

When the war was over, Hennessy ascended the chain of command until he retired in 1971. He served as commander of HMCS Micmac, as executive officer of HMCS Quebec and as commander, First Canadian Escort squadron aboard HMCS Algonquin. He was also posted with shore assignments in Ottawa, Halifax, and London, England. In the latter posting, Hennessy served for two years as Canadian Naval Member and Chairman of the Naval Board of NATO's Military Agency for Standardization. He attended the RCAF Staff College and National Defence College and was promoted to Vice Admiral in July 1966. Prior to retiring five years later, he served as Comptroller-General and then Chief of



CHECKING THE DAMAGE: Before HMCS Assiniboine sunk U-210, the Canadian destroyer suffered heavy damage from the submarine's deck guns. The destroyer and U-boat captains played cat and mouse in heavy fog on high seas before Assiniboine rammed the U-boat and sent it to the bottom of the Atlantic. The ship lost its youngest sailor to gunfire and more than 20 were wounded.

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Retiring as head of Foundation prompts gratitude for years of support

*By Paul Finn, Managing Director
The Perley and Rideau Veterans' Health Centre Foundation*

As the quiet Beatle once sagely crooned, all things must pass.

I have decided to retire my position as Managing Director of the Perley and Rideau Veterans' Health Centre Foundation in the spring. I have enjoyed a great 13-year run and have been honoured to meet and work with some of the best people anywhere.

As the head of a foundation, my mandate requires that I spend each day asking for things. I have spent many hours in the company of extremely generous people who genuinely care about the welfare of others. While it is always gratifying to receive a large donation, it is also a great pleasure to receive smaller, frequent donations from people who believe in our cause. Those who donate regularly are the mainstay of the Foundation and your sacrifice is most appreciated by all who reside at the Perley Rideau.

I will miss working closely with the donors who place others before themselves. It is a rare quality to possess selflessness in a world where we are conditioned to focus on our own needs. I have been most fortunate to have worked in a place where generosity abounds and finds its way to my doorstep. There aren't many jobs where one sees altruism as a basic building block. I have been a lucky man! I know these same people will remain supportive of my successor.

The volunteers who have supported the Foundation over the years also have a special place in my heart. The world would be a less colourful and friendly place without the likes of Wally Parsons, Ray Desjardins, Ramona Packham, Col. John Gardam, Deborah Bennett, Evan Gill, Gilles Morin, Allyne Thompson, Sheila Murray, past and present members of the Foundation Board, Foundation staff, the youth volunteers and so many others. I have enjoyed working with them on the projects that make life sweeter for Perley Rideau veterans and

community residents.

Some people were cut out to do good things, and it has been exciting to work in their midst. There are earnest, creative and enthusiastic volunteers occupying the halls of the Perley Rideau every day, and it is comforting to know they will continue their quest long after I pack up my office plants. They are the future.

It has also been a pleasure to work with Perley Rideau executive director and CEO Greg Fougère. He is a source of inspiration to many and his vision of the proposed assisted living project will provide Ottawa with the right kind of care for those who need it most. I have no doubt the health centre and Foundation boards of directors will continue to work in harmony for the greater good.

The people who choose to work at the Perley Rideau possess a dedication that is a thing to behold. I will miss their joie de vivre and I am indebted to them for teaching me how to strive for excellence by helping seniors truly enjoy their twilight years.

See you at all those exciting Perley Rideau special events in the future – I'll soon be attending as a guest!

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Vice Admiral Ralph Hennessy... *continued from page 4*

Personnel of the Canadian Armed Forces.

Hennessy was also appointed Honorary Aide-de-camp to Governor General Georges Vanier in 1963-64. He served on the advisory board of the television production *No Price Too High* and the Advisory Council with the Canadian War Museum for eight years. He is an honorary member of the Atlantic Chief and Petty Officers Association.

When one door closes, another usually opens, and so it was with Ralph Hennessy's career. He was appointed founding Executive Director of the Standards Council of Canada, and during his 12-year tenure, he also served as Vice-President of the International Organization for Standardization (ISO) during 1976-81, with the distinction of being the first Canadian to hold that position.

As his second official retirement drew nigh, Hennessy was presented with a Senior Officer Retirement Certificate by the Governor General. With retirement now official, his dance card really started to fill up. He became actively involved with the Ottawa Branch of the Corps of Commissionaires from 1973 to 1986, including serving two years as Chairman of the Board of Governors. Since then he has participated in Corps activities as an Honorary Governor.

Natural golfer becomes club president

His wife, Diana, marvels at her husband's "sweet swing" on the golf course. He enjoyed the

sport enough to become actively involved in the operation of the Royal Ottawa Golf Club from 1975 to 1984, serving as President for one year.

He is a trustee of the Admirals' Medal Foundation, and, together with his wife, of the Canadian Naval Memorial Trust. For five years, they were co-publishers of the Defence Association's *National Network News* and for seven years were members of the Canadian Naval Centennial Steering Committee.

At the point in life when most mortals would be contemplating a soft spot on the sofa, Vice Admiral Hennessy took to the books. He had always regretted not getting a university degree when he was younger, and in May 1995, he graduated from the University of Waterloo with a BA in History.

All these years later, Diana visits him regularly at the Perley Rideau, where her husband is comfortable and content following a stroke last year. He had been wait-listed for a room at the health centre for some time and was delighted when he got the call from admissions two years ago. There is a painting of his beloved HMCS Assiniboine on the wall alongside photos of his four children from his first marriage.

As Hennessy gazes out the window with flinty resolve at another Ottawa winter, the Vice Admiral is still in him. With Diana at his side, he is clearly a man who believes there are a few battles left in him yet. **BU**

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parking lot. Overall, 45 apartments will be below market rent for the many seniors who would otherwise not be able to afford to live in such a supportive environment.

Those interested in being informed when the rental office opens this summer may contact Judy Woodstock at jwoodstock@prvhc.com or 613-526-7170 extension 2001.

As the future of health care and support services evolves to cater to an ever increasing older demographic, the Perley Rideau is proud to be helping to lead the way.

Greg Fougère
Executive Director and CEO
The Perley and Rideau Veterans' Health Centre

10th ANNUAL PERLEY RIDEAU NIGHT AT THE RACES



Special 10th anniversary celebration!

Purchase your ticket early!

It was a SELLOUT the last nine years

We invite you to support this event by getting together with family, friends and colleagues and purchase a table for 4 or 6 people

May 6, 2011

Dinner — 6:00 p.m.

Post time — 6:30 p.m.

Rideau Carleton Raceway and Slots, 4837 Albion Rd.

Have fun and support a great cause!
There will be a silent auction and lots of great raffle prizes to win.

\$60 (includes a \$25 income tax receipt)

**Please see us at the Foundation Office
to purchase tickets or phone 613-526-7173.**

**Or send a cheque made payable to
Perley Rideau Foundation at 1750 Russell Road, Ottawa ON K1G 5Z6.**

Deadline is April 29, 2010 for tickets

Buffet dinner features over 100 fine foods

Coffee or tea

Dessert

Live race program

\$2 Betting voucher

\$10 Slot token

Complimentary parking and valet parking

Gratuities included

Guilt-free respite at Guest House essential for caregivers... *continued from page 1*

to do a good job. Caregivers need regular breaks from their duties, but they must first convince themselves they deserve it and it's for the good of everyone involved."

Linda says the relief is palpable when she delivers Bob into the capable hands of Guest



GUILT-FREE AND LOVING IT: Linda Assad-Butcher uses the Guest House to provide much-needed breaks for her and her husband. She says using the respite home for dementia residents makes her a better caregiver. Residents enjoy a wide array of stimulating activities and it costs less than having a caregiver visit at home.

House staff. She heads for a quiet coffee at Bridgehead and feels the stress dissipating like mist in the warm sun. Hardly a stranger to public health and healing, Linda has served as President of the Lower Town Community Resource Centre, a member of the Champlain Local Health Integration Network, Dean of Health Sciences at La Cité collégiale, and Professor of Nursing at Algonquin College. She holds undergraduate and graduate degrees from the University of Ottawa.

"Even my professional background didn't prepare me for the feeling of guilt when I left Bob for the first time," she says. "I suspected it was the right thing to do for both of us, but it was still a big hurdle. I recommend it to all dementia caregivers now because I am so much more efficient after Bob and I have some time on our own. I have set up a monthly schedule at the Guest House and it works well for both of us.

"He loves the stimulating programs and activities and the above all, the people," she adds. "There are many benefits that I can't deliver at home, so it's a very positive experience. On the days we're going to the Guest House, Bob is ready and waiting to get going. I take great comfort in knowing that while he is enjoying himself with the staff and residents, I can unwind and tend to other things. The Guest House is a very valuable community asset."

Current Guest House rates are \$34.63 per day and residents are allowed to spend up to a total of 90 days a year. The cost is soon going to be reduced to \$20 a day for stays of 5.5 hours or less, which provides real value for the service.

"The Guest House actually saves me money," says Linda. "I have to pay between \$15 and \$30 an hour for someone to come to my home and stay with Bob when I need to go out. So, the Guest House is a real financial help, too. I bring my husband here about 10 times a year for durations from a couple of hours to several days. This place is like a gift me and to my husband. I suggest caregivers try it out before they really need it when they get sick or must respond to a family emergency."

Opened in March 2007, the Guest House welcomes caregivers to contact them for tours of the facilities and to meet staff. For information on the program, please contact the Guest House Program Manager at 613-247-1664. To apply, please contact the Ottawa Community Care Access Centre Intake at 613-745-5525. Take a virtual tour of the Guest House by following the prompts at www.alzheimer-ottawa-rc.org **BU**

Tree of Life pays special tribute to remarkable people and their stories

By Brant Scott

Memories can rekindle life's small joys, but they can also evoke the dark days of history when humanity was at its lowest ebb.

A bright and burnished metal leaf on the Tree of Life adorning the cafeteria wall at the Perley and Rideau Veterans' Health Centre commemorates the bittersweet tale of Henryk Jedwab. A Polish commando with zero tolerance for the Nazis who eradicated his beloved homeland, Henryk stayed one step ahead of Hitler's vicious steamroller to make life miserable for his sworn enemies.

Henryk was a Polish Jew who grew up in a privileged home with wealthy parents. He fought them from the first day of World War II on September 1, 1939 when the Nazis advanced over the horizon and ripped Henryk's precious Poland asunder in a few short weeks. He escaped to fight Nazis for all he was worth in France, Africa and Italy.

In the interim, Henryk's father would be stripped of his wealth and starve to death in The Warsaw Ghetto. His mother was gunned down in the streets of Warsaw after she was denounced for trying to pose as a Gentile. Even if Henryk had known of these atrocities at the time, he couldn't have fought with more ferocity.

War has a knack for concealing the details of tragedy, and Henryk's exploits could be overshadowed all these years later had Bill Hough not brought them to the fore. Bill met Henryk after both men had settled in Ottawa and it wasn't long before Bill was convinced he was in the company of a bona fide Polish hero. Bill decided to purchase a leaf on the Tree of Life to bring Henryk's name forward in one of Canada's premier veterans' venues.

"Henryk was a very quiet and unassuming man," says Bill. "On his deathbed, his doctor asked, 'Well, Henryk, what now?' The old soldier replied, 'There's a time to live, there's a time to

love and there's a time to die, and my time to die has come.' " Henryk passed on September 14, 2005 at the age of 87 and is buried in the Field of Honour at Pointe Claire, Quebec.

Henryk Jedwab was born to fight and to protect the innocent. He was wounded as a member of the Polish Army during 1937-39 and joined the French army in 1940. He was taken prisoner during that campaign, but his wiles would help him escape and head for England. As a member of the British army during 1940-46, Henryk was invited to join the Special Operations Executive (SOE), an elite group launched by Winston Churchill to operate



THE ULTIMATE COMPLIMENT: This leaf on the Tree of Life is a testament to Henryk Jedwab, a Polish commando during World War II. The leaf was purchased by Ottawa resident Bill Hough, who befriended Henryk many years later and became enthralled by his modest recollections of freedom fighting.

outside direct military engagement. The SOE gained a reputation for its skill in espionage and sabotage behind enemy lines as part of the British resistance movement.

Henryk parachuted into France twice to organize the French resistance fighters and was later appointed to platoon leader of his commando unit. He spent 1942 driving Rommel out of Africa and then joined the Italian campaign in 1943. While harassing German troops under heavy fire, he was wounded a second time, but

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gave up his spot on an ambulance for a soldier whose health Henryk deemed more critical. As he watched the ambulance cross a long bridge over the Sangro River, a German shell blew the ambulance to pieces. A combination of altruism and old-fashioned luck joined hands to keep Henryk alive.



HENRYK JEDWAB:

The Polish Jew fought the Nazis across Europe and amassed 24 medals as a tough commando. He moved to Ottawa in 1950 and lived quietly until his death in 2005.

Fighting against the Germans' highly trained 1st Parachute Regiment, Henryk's entire unit within 10 Commando was awarded the Polish Virtuti Military, which is equivalent to Britain's Victoria Cross. During the Italian campaign, he fought under heavy fire on Monte Cassino and was wounded a third time. When the smoke finally cleared and the war ended, Henryk's chest bore 24 medals for fighting the Germans all across Europe and Africa. After 1945, he stayed in England where he finished

the University of Leeds internationally renown textiles course and was to oversee various textile operations in Europe and Asia. When he later emigrated to Canada in 1950, he was unable to sever his ties with the military and joined the 48th Field Artillery Regiment.

Bill Hough knows a good military man when he sees one. He was in the infantry himself during World War II and served in the air force during and after the Korean War. Bill went on to work as a security director with the federal government and the commercial sector.

"I wanted to honour Henryk with a leaf on the Tree of Life at the Perley Rideau," explains Bill. "He was part of a tough bunch. They were too stubborn to wear steel helmets – they wore something more like a toque. It wasn't all about glory, though. I had to laugh when Henryk recalled sneaking out of France by train. He rode

the rods underneath the passenger car like so many did during the depression years. He said he situated himself right under the toilet by mistake, and smelled pretty high by the time he reached his destination.

"I was privileged to be befriended by this extraordinary man," adds Bill. "He was one of our modern heroes that we don't get to hear enough about."

Interested in purchasing a leaf to commemorate someone you admire? Please call Paul Finn at the Perley Rideau Veterans' Health Centre Foundation at 613-526-7194 or email: pfinn@prvhc.com **BU**



TREE OF LIFE SHINING BRIGHT: The Tree of Life on the wall near the Perley Rideau cafeteria bears the name of people who are well loved. Purchasing leaves on the tree can commemorate friends and family, or bear the name of the purchaser for all time. The popular attraction has raised many thousands of dollars to augment the important work performed by the Foundation.

Night at the Races celebrates 10th anniversary fundraiser

By Brant Scott

Not only is it that time of year again, it's the 10th time!

The Perley and Rideau Veterans' Health Centre Foundation is pulling all the stops for the 10th Annual Night at the Races. Come one, come all on Friday, May 6 to the Rideau Carleton Raceway on Albion Road in Ottawa.

You could take home a windfall from the ponies, great silent auction items, win a raffle, and have a great buffet dinner with old and new friends. It's hard to believe tickets for this great time-tested event are still the same price they were 10 years ago -- just \$60. But, they don't last long and have sold out every year running.

University of Ottawa Heart Institute needs your help!

The University of Ottawa Heart Institute is recruiting approximately 3000 volunteers in the Ottawa area for a study on salt and blood pressure. We are seeking two groups of volunteers for the study:

- Volunteers between the ages of 20 and 60 years with borderline to mildly high blood pressure;
- Volunteers over the age of 65 with normal blood pressure.

If you are interested, please contact the Research Coordinator at 613.761.4788 or email saltstudy@ottawaheart.ca for further details. All travel and parking expenses for visits to the Heart Institute will be reimbursed.

This 10th anniversary event is expected to bring the Night at the Races total to more than a quarter of a million dollars raised since 2002. The event is the brainchild of Perley Rideau booster Wally Parsons, 73, who has worked miracles for many years in Ottawa's fundraising community. Foundation Managing Director Paul Finn says the Perley Rideau struck gold on the day Wally walked through the door.

"The Night at the Races is a phenomenal success," says Finn. "We should call this 10th anniversary event Night of the Parsons. Wally has helped to make a real difference in the comfort and care of Perley Rideau residents. We owe him a great debt of gratitude, as do so many people throughout the National Capital Region he has helped along the way."

Parsons hopes people will attend to share the honour of spending Paul Finn's last Night at the Races as Foundation Managing Director.

"This year is special because it will be the last time Paul officiates over the festivities," says Parsons. "We all wish him the very best when he retires the week after this event. I have enjoyed working with him so much over the years, and I expect to be selling him a ticket next year. But we won't make him work!"

Night at the Races has become a popular Perley Rideau fundraiser on the first Friday every May. About 450 Perley Rideau supporters enjoy the fun-filled evening of fun, organized events, auctions and excitement in the raceway dining room. Join us at 6:00 p.m. on Friday, May 6 for live racing, slot machines, silent auctions and great food. No gambling experience is necessary and photo identification is required for proof of age. **BU**

The Perley and Rideau Veterans' Health Centre Foundation

**Perley Rideau
Foundation**

Memorial Tributes

October 8, 2010 to February 21, 2011

**Honour someone special with a donation to
The Perley and Rideau Veterans' Health Centre**

Leon Kuszel • William McRae • Daniel Birt • Allan Wilson

Reginald Godding • Gaston Lafontaine • Lillian Munro

Velma Hansen • Leonard Myer • Edith Cole

Desmond Hamel-Smith • Dorothy Bruce • George Simboli

Abraham Raiman • Val Richmond • George Riley

Thomas Nuttall • Eugene Prud'homme • Thomas Rappel

Brian Lynch • John Harrison • George Charron

Gwendolyn Merkley • Robert Burchett • Roy Lawrence

David Boyd • Melva Turnbull • Elsie Cougler • Alan Wilson

William Alefounder • Joan Ostrout • Tren Cole

Clarence Moreland • Abraham Cohen • Joseph Rolland

Together we improve
the well-being of
the people we serve

The Perley and Rideau Veterans' Health Centre is a 450-bed long-term care home with 250 beds designated for veterans

Greg Fougère
Executive Director and CEO

Peter Martin
Board Chairman

Paul S. Finn
Foundation Managing Director

Ray Desjardins
Foundation Chairman

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The poppy, as a symbol of remembrance, is a trademark of The Royal Canadian Legion. It is used here with the kind permission of the Legion.



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